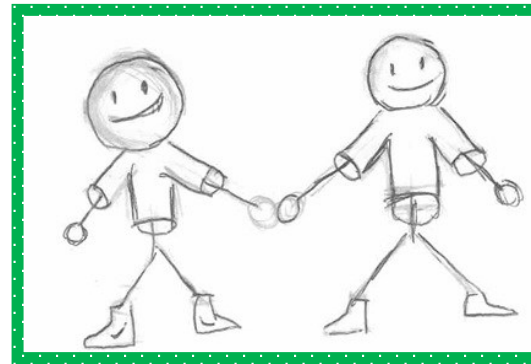


*Bí Cineálta*

We want everyone at Tiermohan National School feel safe and happy.

If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help.



Please tell an adult if you think that you are being bullied or someone else is being bullied.

*Get help!*

*Tell a trusted adult*



*Bí Cineálta*

Tiermohan National School has a Bí Cineálta policy to try to stop bullying behaviour. We will look at this policy every year to see what is working well or what could work better. We will ask you what you think.

If a student tells a staff member that they think they are being bullied, we will:

- talk with the student
- ask the student what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved
- talk with the other student's parents



*Tiermohan NS*

*Be Kind!*



*Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again.*

*When it happens a lot. Not just once.*